

WIC CLINIC RESOURCE LIST

Sibley County Area

COUNSELING

CADA House

Mankato, MN 56001
Business phone: (507) 625-8688
Toll Free Crisis Line: 1-800-477-0466

Provides services for battered women.

Sexual Assault Services for Sibley County

(507) 237-2826
24-hour safe line: 1-800-630-1425

Provides information, referral, support

Sibley County Public Health and Human Services

111 Eighth Street
Gaylord, MN 55334
(507) 237-4000

Provides crisis intervention for families in need

Southern Minnesota Behavioral Health

New Ulm
(507) 354-3181

Outpatient services for individuals, couples, marriage, family and group therapy.

Mankato
(507) 388-3181

Eunoia Family Resource Center

New Ulm, MN 56073
507-235-6070

Individuals, couples, group, family, children, adolescents and adults. Specializing in play therapy.

Mankato, MN 56001
(507) 779-7366

DAY CARE

Sibley County Public Health & Human Services

111 Eighth Street
Gaylord, MN 55334
(507) 237-4000

Provides list of licensed daycare providers.

LIBRARIES

Storytime at Public Libraries

Call your local library for day and time.

Arlington (507) 964-2490
Gaylord (507) 237-2280
Henderson (507) 248-3880
Winthrop (507) 647-5308
Gibbon (507) 834-6640

EDUCATION

Sibley East (Arlington, Gaylord, Green Isle #2310)

Middle School / High School (6th-12th grades) – Arlington (507) 964-2292
Elementary School (Pre-K- 5th grades) – Gaylord (507) 237-5512

GFW (Gibbon, Fairfax, Winthrop #2365)

Middle School/High School (7th – 12th grades) -- Winthrop (507) 647-5382
Elementary (Pre-Kindergarten – 3th grades) -- Gibbon (507) 834-6501

Green Isle Community School Grades K-6 – (507) 326-7144

MN New Country School – (507)-248-3353

Hilltop Elementary (LeSueur Henderson District) – Henderson (507) 665-5900

Immanuel Lutheran School – Gaylord 507-237-2804

Prairie Lutheran School – Gibbon 507-834-6136

St. Paul's Lutheran School – Arlington 507-964-2397

English as a Second Language

Contact your local school district for information.

Gibbon/Winthrop (507) 834-6501
Gaylord (507) 237-5511
Arlington/Green Isle (507) 964-2292
Henderson (507) 665-4600

Special Needs Services

Local school districts are now mandated to serve children from birth to age 5 as well as school age children. If your child has a special need, contact your local school district.

Help Me Grow

or 1-866-693- GROW (4769)

Assistance for children 0-6 with developmental health care concerns. www.helpmegrowmn.org

GED

Classes are offered through the local school district.

Basic Skills Hotline

1-800-222-1990

Help for improving basic skills such as reading, writing, math and English as a second language, GED classes, adult basic education.

PRESCHOOL

Head Start (507) 237-5438	<i>Family centered child development program for 3-4 year olds of income-eligible families. Includes education, health, parent involvement, and nutrition components</i>
Early Childhood Family Education (ECFE) Gibbon/Winthrop (507) 834-6501 Gaylord/Arlington (507) 237-3351 Henderson (507) 665-4631	<i>Children's classes for ages 0-5; parent workshop with children ages 2-5. Parenting education classes. Enrichment for children and parent education.</i>
Immanuel Lutheran Preschool – Gaylord (507) 237-2804	<i>Call for information</i>
Prairie Lutheran – Gibbon (507) 834-6136	<i>Call for information</i>
St. Paul's Lutheran – Arlington (507) 964-2397	<i>Call for information</i>

FINANCIAL ASSISTANCE

Work Force Center – MN Jobs and Training Dept.
New Ulm, MN 56073
(507) 354-3138

Minnesota Valley Action Council *Emergency funds for services listed.*
110 6th St., P.O. Box 87
Gaylord, MN 55334
(507) 237-2981

- **Adult & Dislocated Worker Programs** *Employment and training services to youth, adults, and people who have been laid off from their employment.*
- **MN Family Investment Program (MFIP) & Diversionary Work Program (DWP)** *Employment services to help develop plans for job search, pursuing and retaining jobs, and job leads*
- **Supplemental Nutrition Assistance Program (SNAP)** *Help for people on food stamps to find employment.*
- **Energy Assistance** *Assistance with home utilities.*

Sibley County Public Health and Human Services

111 Eighth Street
Gaylord, MN 55334
(507) 237-4000

- **Employment Training** *Career and educational information, assistance. Child care funds may be provided for students.*
 - **Energy Assistance (EA)** *Program to help pay emergency costs such as utility shut-offs, no heat, evictions, etc. if the household meets eligibility criteria.*
 - **Food Stamps (SNAP)** *Enables people within the income and resource guidelines to purchase food..*
 - **General Assistance (GA)** *Cash program with a monthly check. To qualify, person must meet certain category of eligibility.*
 - **Medical Assistance (MA)** *Assistance to pay medical costs for children under age 21, disabled people, or elderly over age 65. Special guidelines for pregnant women to assist in getting prenatal care.*
 - **Minnesota Family Investment Program (MFIP)** *Cash program with a monthly grant.*
 - **Subsidized Day Care** *State funding to pay a portion of day care expenses if within income guidelines.*
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FOOD

School Lunch Program

Free or low cost for income eligible students. Contact your local school district.

Sibley County Food Shelf

(507) 237-5253

Call for current hours.
111 Industrial Ave.
Gaylord, MN 55334

Women, Infants & Children (WIC)

(507) 237-4000

Sibley County Public Health & Human Services
111 Eighth Street, P.O. Box 237
Gaylord, MN 55334

Supplemental food program provides nutrition education and special foods to women who are pregnant, breastfeeding or have recently had a baby, infants age 0-1year, children age 1-5 yrs. Eligibility based on income & nutritional needs.

HEALTH CARE

Sibley County Public Health and Human Services
111 Eighth Street, P.O. Box 237
Gaylord, MN 55334

(507) 237-4000

Immunization Clinics - Provide immunizations at reduced cost. Fee based on income.

Pregnancy Testing – No cost pregnancy testing and referral.

Family Planning Grant - Counseling and education regarding birth control methods and medical health care. Free condoms. Free STI testing and treatment.

Follow Along Program – No cost program to follow infant development through 3 years old. Uses periodic surveys mailed to parents to complete and return for screening.

Child Passenger Safety Distribution Program – Booster and convertible car seats that can be used for infants or toddlers and children under 8 years are available for UCare and South Country Health Alliance Members (Some restrictions apply.) Free car seat installation checks.

Prenatal and Newborn/Parent Home Visits - Public Health Nurse makes a home visit to discuss prenatal care, newborn care, postpartum care, and breastfeeding, etc. Long-term mentoring program also available for parents of children 0-5 years.

Healthy Homes Assessment—free home visit to assess your home for 7 principles of healthy homes (dry, clean, pest-free, safe, contaminant-free, ventilated and maintained) and help you develop a safe and healthy living environment.

Birthright
Hutchinson office

1-800-550-4900
(320) 587-5433

Birthright provides anonymous pregnancy tests, education, guidance, shelter home, community resource information, maternity clothes, layettes, medical care, legal advice, help with job placement, referral for professional counseling, adoption information, and other professional services depending on your circumstances.

Lactation Support

Sibley County Public Health & Human Services	(507) 237-4000
New Ulm Medical Center – Allina Health	(507) 332-4740
Hutchinson Health	(320) 484-4620
Ridgeview Medical Center	(952) 442-2191 ext. 5262

MinnesotaCare

A health insurance program with premiums based on income.

1-800-657-3672

Planned Parenthood

Mankato, MN

Low cost health services, pregnancy testing, STD testing.

(507) 387-5581

MEDICAL PROVIDERS

Arlington	Belle Plaine
Ridgeview Sibley Medical - Arlington 601 West Chandler Arlington MN 55307 (507) 964-2271	Southern Metro Medical Clinic 700 West Prairie Street Belle Plaine MN 56011 (952) 873-2276
GAYLORD	GLENCOE
Ridgeview Sibley Medical - Gaylord 660 3rd Street Gaylord MN 55334 (507) 237-5523	Glencoe Regional Health 1805 Hennepin Avenue North Glencoe MN 55336 (320) 864-3121
HENDERSON	HUTCHINSON
Ridgeview Sibley Medical - Henderson 505 Main Street Henderson MN 56044 (507) 248-3433	Hutchinson Health Clinic 3 Century Avenue Hutchinson MN 55350 (320) 587-2020
LE SUEUR	MANKATO
Ridgeview Le Sueur 621 South Fourth Street, Suite A Le Sueur MN 56058 (507) 593-5920	Open Door Health Center 309 Holly Lane Mankato MN 56001 (507) 388-2120
LeSueur Clinic Mayo Health System 625 South 4th Street LeSueur MN 56058 (507) 665-6299	Mankato Clinic 1230 East Main Street Mankato MN 56002 (507) 625-1811
NEW ULM	Immanuel St. Joseph's - Mayo Health System 1025 Marsh Street Mankato MN 56002 (507) 625-4031
Allina 1324 5th Street North New Ulm MN 56073 (507) 217-5000	
SHAKOPEE	ST. PETER
Park Nicollet Clinic 1415 St. Francis Avenue Shakopee MN 55379 (952) 993-7750	St. Peter Clinic - Mayo Health System 622 Sunrise Drive St. Peter MN 56082 (507) 931-2110

WACONIA	WINTHROP
Lakeview Clinic 424 Highway 5 West Waconia MN 55387 (952) 442-4461	Ridgeview Sibley Medical - Winthrop 223 North Carver Winthrop MN 55396 (507) 647-5318
Western OB/GYN 550 Maple Street South Waconia MN 55387 (952) 442-2137	NUMC - Winthrop Area Clinic 211 East 2nd Street Winthrop MN 55396 (507) 647-8000

TRANSPORTATION PROVIDER:

Trailblazer Transit
 207 West 11th Street
 Glencoe MN 55336
 1-888-743-3828 or 1-320-864-1000
 Fax. 320-864-1910

Rides available 7:00 a.m. to 5:00 p.m.
 Monday through Friday.
 Your ride may be covered by insurance,
 check with your financial worker.